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Allergy Drops

For many years, allergy shots were the only form of Immunotherapy for allergy sufferers. Now, there are alternatives to allergy shots, namely allergy drops or sublingual Immunotherapy, also known as SLIT therapy. Immunotherapy is a method of desensitizing, or building up immunity, to allergens. This not only treats allergy symptoms, but treats the cause of the allergies and provides long lasting relief. To be considered for SLIT therapy, patients must undergo diagnostic allergy testing. This testing is performed either by skin testing or blood testing.

Immunotherapy is often preferred by patients that want an alternative to medications that treat symptoms only. SLIT is the only type of Immunotherapy that allows the patient the convenience of at home treatment and avoidance of weekly shots requiring frequent trips to the doctor's office. SLIT provides the same results as allergy shots for most patients.

In addition, the risk of a serious adverse reaction (anaphylaxis) is significantly lower with SLIT therapy. Although allergy drops are considered "off label" by the FDA, it is the treatment of choice for desensitization in most developed countries, especially Europe.

Recent studies by renowned Universities in the U.S. support the medical efficacy of SLIT Therapy. Most insurance companies will not pay for SLIT Therapy at this time. As such, patients will be required to pay cash at time of treatment.

Patients typically justify the cost benefit of SLIT as it eliminates the need for allergy medication, requires fewer physical office visits, offers the convenience of self-administration, and improves quality of life.

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